



ABOUT THE PROJECT

HARMONISING MINDS project aims to use music as a methodology to address critical societal issue such as bullying, internet safety, mental health, and substance abuse among secondary school students.

HARMONISING MINDS

Empowering change through music



Website :

www.harmonisingminds.eu



Email

harmonising.minds@gmail.com



TARGET GROUPS

The scope of the project will be secondary school students (12-16 yrs.), teachers/educators and parents.

WHY

The motivation behind the **HARMONISING MINDS** project stems from the recognition of the profound impact music can have on individuals, particularly during formative years.



PARTNERSHIP



Stepside ETSS
Educate Together Secondary School



PROJECT RESULTS

- 01 a detailed report on topic identification
- 02 a comprehensive music methodology and educational resource toolkit
- 03 an online training course for educators

2025-1-ES01-KA220-SCH-000351419



Co-funded by
the European Union

Funded by the European Union. Views and opinions expressed are however those of the author(s) only and do not necessarily reflect those of the European Union or the European Education and Culture Executive Agency (EACEA). Neither the European Union nor EACEA can be held responsible for them.



WHAT WE DO

Our meticulously crafted methodology comprises:

- 🎵 training programmes
- 🎵 workshops
- 🎵 performances
- 🎵 interactive sessions

